

## 3 Things

1 Thessalonians 5:15-18  
January 2, 2022

“Rejoice always, pray without ceasing, give thanks in all circumstances; for this is the will of God in Christ Jesus for you.” - 1 Thessalonians 5:16-18

### New Year’s Resolutions for 2022

#### I. BE JOYFUL

#### II. BE PRAYERFUL

#### III. BE THANKFUL

### Suggested Reading:

*Resolutions* by Jonathan Edwards

*Choosing Gratitude* by Nancy Leigh DeMoss

*Valley of Vision* by Arthur Bennett (editor)

*Piercing Heaven* by Robert Elmer (editor)

*Prayer: Communing with God in Everything* by A.W. Tozer

*The Priority of Prayer* by Charles Spurgeon

*When the Stars Disappear* by Mark Talbot

*Thinking, Loving, Doing* by John Piper

### **Questions/Discovery Points for Life Groups/Families**

#### **Please Read 1 Thessalonians 5:15-18**

1. Where are the gaps in your Christian walk?
2. Would you consider yourself a genuinely joyful person? What is the difference between happiness and joy? How can you cultivate a greater sense of joy in your daily life?
3. How vibrant is your prayer life? Why do we not spend more time in prayer, both individually and corporately? What things do you find yourself praying for?
4. What does it mean to be thankful? What are some practical things we can do to create a greater sense of gratitude in our lives? What are the things in our lives that keep us from being more grateful?
5. What are some resolutions and goals that you have for the New Year?