

The Bible is Sufficient

2 Timothy 3:16-17
November 14, 2021

All Scripture is breathed out by God and profitable...that the man of God may be complete, equipped for every good work. - **2 Timothy 3:16-17**

I. FOUNDATIONAL DISCIPLESHIP POINT 1

- The Bible is sufficient (2 Timothy 3:16-17; 2 Peter 1:3-4; Psalm 1:1-3; 1 Corinthians 1:18-20; John 17:17).
- The Bible is sufficient for our sin struggles, trials, and sufferings.

II. FOUNDATIONAL DISCIPLESHIP POINT 2

- The Bible teaches that our problem is our heart (Mark 7:21-23; Luke 6:45; Proverbs 4:23).
- Our problem is a problem of worship (Romans 1:25).

III. FOUNDATIONAL DISCIPLESHIP POINT 3

- The Bible teaches the solution to our problem is repentance in putting off sin and putting on faith in beholding the glory of God (2 Corinthians 3:18; 10:5; Ephesians 4:22-24; 1 Thessalonians 1:9).

IV. FOUNDATIONAL DISCIPLESHIP POINT 4

- The Bible teaches the goal of discipleship is the glory of God (1 Corinthians 10:31; 2 Corinthians 5:9; Romans 8:28-29).
- We do not grow in Christ when we have self-serving motivations and worldly sorrow (2 Corinthians 7:10; James 4:1-3).

V. FOUR COMMON FALSE IDEAS/STRONGHOLDS

- “Needs” (Luke 23:34; Matthew 5:43-48; James 4:1-3).
- Calling a sin a disease (1 Corinthians 5:9-13; 6:9-11; Ephesians 5:18).
- Self-isms (2 Corinthians 3:18; Matthew 16:24-25; 2 Timothy 3:1; Romans 12:3).
- Emotions (John 14:1; Romans 15:13; Philippians 4:4-9; Romans 8:6).

KNOW: The Bible is sufficient for discipleship. Our heart is the problem that keeps us from becoming more like Jesus. The solution to our becoming more like Jesus is repentance of sin and faith that beholds the glory of God as seen in who God is, his attributes, his promises, and the gospel. The goal of discipleship is to become more like Jesus for the glory of God.

DO: Do not disciple or counsel using the wisdom of the world, which God says is foolishness. Stick to the Bible, which is sufficient for help for all of our sin struggles, trials, and sufferings.

Suggested Reading:

A Theology of Biblical Counseling, by Heath Lambert

Instruments in the Redeemer's Hands, by Paul David Tripp

Gospel Treason, by Brad Bigney

The Biblical View of Self-Esteem, Self-Love, Self-Image, by Jay Adams

Questions/Discovery Points for Life Groups/Families

1. What was your biggest take away point of application from the sermon?
2. Are you convinced that the Bible has the answers for our sin struggles and how to glorify God in our trials and suffering? Why or why not?
3. How would you explain that our heart is the problem?
4. Do you see your heart as the problem or do you tend to blame other people for your circumstances? Give an example.
5. Explain how repentance of sin (putting off) and focusing on the glory of God (putting on) is the solution to our sin problems (Read 2 Corinthians 3:18; Ephesians 4:22-24). Give a specific example of how to do this.
6. Give an example from your life when your primary motivation for change was not the glory of God. What was your primary motivation?
7. Have you bought into any of the false ideas/strongholds mentioned in the sermon or other?