# KEYS FOR RUNNING WELL Commissioning Sunday

1 Peter 5:6-11 May 23, 2021

Humble yourselves, therefore, under the mighty hand of God so that at the proper time he may exalt you, casting all your anxieties on him, because he cares for you. Be soberminded; be watchful. Your adversary the devil prowls around like a roaring lion, seeking someone to devour. Resist him, firm in your faith, knowing that the same kinds of suffering are being experienced by your brotherhood throughout the world. And after you have suffered a little while, the God of all grace, who has called you to his eternal glory in Christ, will himself restore, confirm, strengthen, and establish you. To him be the dominion forever and ever. Amen. - 1 Peter 5:6-11

## I. DON'T BOAST BECAUSE GOD OPPOSES THE PROUD (Vss. 6-7)

- Anxiety is rooted in pride.
- · Remember: God cares for you.

### II. DON'T RELAX BECAUSE THE DEVIL IS HUNTING YOU (Vss. 8-9)

- Think clearly.
- Stay alert.
- Resist him.
- Be firm in the faith.

### III. DON'T QUIT WHEN ADVERSITY COMES (Vss. 10-11)

- Suffering is part of the Christian life.
- Remember those that have come before you.
- Remember those that are currently suffering.
- · Glory follows suffering.

### Questions/Discovery Points for Life Groups/Families

#### Please Read 1 Peter 5:6-11

- How is pride tied to anxiety? What are some practical ways we can "cast our anxieties on the Lord?"
- 2. What are some scriptures that you have memorized that help you combat and resist the devil? What other tactics do you use?
- 3. How can you foster a better sense of sobriety in your thinking? What is in your life that causes you to lose clarity of thought? What needs to go?
- 4. What is the impact of remembering our brothers and sisters throughout the world? How does it foster watchfulness and perspective for us? Why do we not feel more connected to them? How can we do a better job of doing this?
- 5. Does the prospect of persecution frighten you? Why? How can you begin preparing for the possibility of it?
- 6. What else from the sermon stood out to you or convicted you? What will you change in your life as a result?