

Summer of Psalms

Praise the LORD – Psalm 146

July 15, 2018

Praise the LORD! Praise the LORD, O my soul! – **Psalm 146:1**

Praise the LORD:

- You were created to praise him
- The LORD is the covenant/promise keeping God (vs. 1)
- From the depths of your soul (vs. 1; Matt. 6:21)
- As long as you live (vs. 2; Phil. 1:21)
- He is always trustworthy, people are not (vss. 3-4; Psalm 20:7)
- He is our help and our hope (vs. 5)
- He is the all-powerful Creator who keeps his word (vs.6)
- He will bring justice for the oppressed (vs. 7; Gen. 15:13-14; Ex. 3:7-10; 2 Thess. 2:5-10)
- He is a faithful provider (vs. 7; Matt. 6:33)
- He opens the eyes of the blind (vs. 8; John 9:25; 2 Cor. 4:4-6)
- He lifts up the bowed down (vs. 8; Matt. 11:28-30)
- He loves the righteous (vs. 8; Rom. 4:5; 8:38-39)
- He watches over the sojourners, widows and fatherless (vs. 9; James 1:27)
- He brings the wicked to ruin (vs. 9; Mark 9:42-48; Rev. 14:11; 20:11-15)
- He reigns forever (vs. 10; Rev. 21:1-4)
- Because if you are saved, the LORD saved you to praise him (vs. 10; 1 Pt. 2:9)
- With your hearts, minds and lips!

KNOW: The Lord is worthy of all honor, glory and praise! We are to praise the LORD our entire life and throughout eternity. The LORD is our help and our hope.

DO: Praise God daily for who he is, what he has done and what he will do. Praise the LORD in your heart, your mind and with your lips!

Questions/Discovery Points for Life Groups/Families

Please read Psalm 146

1. How does Psalm 146 and the sermon comfort you and convict you?
2. How will you specifically apply Psalm 146 to your life?
3. What are some things you need to praise the LORD for regularly?
4. In what ways do you find yourself praising and trusting in people more than God for help and hope? What from Psalm 146 and the sermon will help you to repent of this and praise and trust God instead of man?
5. How can trusting that the LORD is the sovereign, good, all powerful, Creator of the universe change your perspective in your trials?
6. How can you, your Life Group, and/or your family help to serve those in need (such as those listed in verses 7-9 of Psalm 146)?
7. How does knowing the LORD will reign forever evoke praise in you?