



Guard your Heart
Proverbs 4:23
October 13, 2019

I. RAISING KIDS IS HARD

- We all want to protect our kids, but are we protecting them from the right things?
 - Disciplining our kids is about more than just filling their minds with information. We are shaping their hearts.
 - We are constantly teaching our kids what to love through the liturgies of our home.

II. WE GUARD OUR HEARTS AND THE HEARTS OF OUR CHILDREN BY FILLING THEM WITH THE RIGHT THINGS (LUKE 14:15-24)

- Are we constantly making excuses like the Pharisees?
- What messages are our kids picking up based on what we value?
- Your kids know what you value... no matter what you say.

III. WE GUARD OUR HEARTS AND THE HEARTS OF OUR CHILDREN BY KEEPING THE WRONG THINGS OUT

- This is so hard in an age of worldly accessibility and image bombardment.
- The eyes are the gateway to the heart (Deut. 4:15-19; Matt. 6:19-24)
- You worship what you love and you become like what you worship (Ps. 115:4-8)
- We must show the glories of Christ to our children so that he rules their hearts and so that they grow more and more into his likeness (2 Cor. 3:18)

Questions/Discovery Points for Life Groups/Families

Please Read Proverbs 4:23

1. What is the most difficult part of parenting today? Or if you don't have kids, in what areas do you find it most difficult to guard your own heart?
2. What would your kids say are your greatest passions?
3. What were some really good habits your parents had when you were young? What were some of the bad habits?
4. What are some habits in your family now that you would like to start or have started recently? If you're an older parent, what advice would you have for younger parents in this regard?
5. What did Jesus mean when he said the eyes are the lamp of the body and that if the lamp is bad, the whole body is dark?
6. In what ways do we become like the idols we worship? What did the psalmist mean in Psalm 115?
7. How can we give our children a better vision of the glory of Christ? What are some changes that we can make in our families right now?